

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES  
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

## 144: Filer Information

Filer CIK 0001186284  
Filer CCC XXXXXXXXX  
Is this a LIVE or TEST Filing? ☒ LIVE ☐ TEST

### Submission Contact Information

Name  
Phone  
E-Mail Address

## 144: Issuer Information

Name of Issuer UFP INDUSTRIES INC  
SEC File Number 000-22684  
2801 EAST BELTLINE NE  
Address of Issuer GRAND RAPIDS  
MICHIGAN  
49525  
Phone 6163646161  
Name of Person for Whose Account the Securities are To Be Sold MISSAD MATTHEW J

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Officer  
Relationship to Issuer Director

## 144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name the Securities Exchange
Common	Wells Fargo Clearing Services 1 N. Jefferson St. Louis MO 63103	10000	1005267.46	61865006	08/16/2023	Nasdaq

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

## 144: Securities To Be Sold

Title of the Class	Date you Acquired	Nature of Acquisition	Name of Person from	Is this	Date Donor	Amount of Securities	Date of Payment	Nature of Payment *
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		Transaction	Whom Acquired	a Gift?	Acquired	Acquired	
Common	11/19/2015	Donation from Matthew J. Missad to Foundation	Matthew J. Missad	<input checked="" type="checkbox"/>	11/19/2015	10000	N/A

\* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

## 144: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
Matthew J. Missad 2801 EAST BELTLINE, N.E. GRAND RAPIDS MI 49525	Common - UFP Industries, Inc.	06/06/2023	4500	391950.00
Matthew J. Missad 2801 EAST BELTLINE, N.E. GRAND RAPIDS MI 49525	Common - UFP Industries, Inc.	05/19/2023	500	42572.00
Matthew J. Missad 2801 EAST BELTLINE, N.E. GRAND RAPIDS MI 49525	Common - UFP Industries, Inc.	05/17/2023	5000	418000.00

## 144: Remarks and Signature

Remarks	Sales occurred in the account of The Missad Foundation. Shares were gifted to the foundation in various lots and were originally acquired via compensation. The Account Holder is not legally required to file form 144. One of the members of the Board of Directors of the Account Holder is a section 16 officer of the registrant, who has disclaimed beneficial ownership of these shares. This form is being filed by that officer to meet the broker's compliance requirements.
Date of Notice	08/16/2023
<b>ATTENTION:</b>	

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature Matthew J. Missad

**ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)**