

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001666215
Filer CCC XXXXXXXXX
Is this a LIVE or TEST Filing? LIVE TEST

Submission Contact Information

Name
Phone
E-Mail Address

144: Issuer Information

Name of Issuer UFP INDUSTRIES INC
SEC File Number 000-22684
Address of Issuer 2801 EAST BELTLINE NE
GRAND RAPIDS
MICHIGAN
49525
Phone 6163646161
Name of Person for Whose Account the Securities are To Be Sold Wooldridge Michael G.

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Director

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name the Securities Exchange
Common Stock	EQ 28 Liberty Street 53rd Floor New York NY 10005	1192	111369.00	58257224	11/26/2025	Nasdaq

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of Person from	Is this	Date Donor Acquired	Amount of Securities Acquired	Date of Payment	Nature of Payment *
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		Whom Acquired	a Gift?			
Common	02/01/2022	Director Fees	UFP Industries, Inc.	<input type="checkbox"/>	208	02/01/2022 N/A
Common	08/01/2022	Director Fees	UFP Industries, Inc.	<input type="checkbox"/>	183	08/01/2022 N/A
Common	11/01/2022	Director Fees	UFP Industries, Inc.	<input type="checkbox"/>	236	11/01/2022 N/A
Common	02/01/2024	Director Fees	UFP Industries, Inc.	<input type="checkbox"/>	145	02/01/2024 N/A
Common	05/01/2024	Director Fees	UFP Industries, Inc.	<input type="checkbox"/>	149	05/01/2024 N/A
Common	08/01/2024	Director Fees	UFP Industries, Inc.	<input type="checkbox"/>	134	08/01/2024 N/A
Common	11/01/2024	Director Fees	UFP Industries, Inc.	<input type="checkbox"/>	137	11/01/2024 N/A

* If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Nothing to Report

144: Remarks and Signature

Remarks

Date of Notice 12/09/2025

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature Katherine L. Karel

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)